

# Introductory rock and Classic rock climbing Courses



Climbing at Huntley's Cave



G2 Outdoor  
[www.g2outdoor.co.uk](http://www.g2outdoor.co.uk)

***“Breath taking scenery with magnificent rock. What more could you want?”***  
**Bob McNiven**

## Introductory rock climbing

**Day 1:** Introduction to equipment looking at different types of climbing gear.

Warm up session on a local crag such as Kingussie crag or Huntley's cave.

We will start off with some basic rope work tying knots and learning how to delay. Setting up top ropes and do a few abseils. You will also start to learn about the hazards and dangers on the crag.

**Day 2:** Building on the skills learned on day 1 we will move to another area.

More top roping with you looking more in depth to the setting up of systems. You will get the chance to set up and climb your own route. Depending on experience you may start to look at the leading and placing of protection.

An end of course debrief giving you guidance to the next steps.

Learning from the pros. We will develop your skills and inspire you to take your climbing further.

If you enjoyed the course that much why not join us on our classic rock or mountain scramble courses.

Ever thought about becoming an instructor? We are running a full programme of instructor training courses through 2007.

## Classic rock course

**Day 1:** The Highlands of Scotland are a fantastic mountain area with some of the best classic mountain rock route in the world.

We will explore some of these routes in the Cairngorms. Routes such as Savage Slit, Magic crack and many more are easily accessible.

Depending on your experience and level of climbing we can select a route best for you.

Tea and medals then planning for day 2's epic climb.

**Day 2:** The Highlands are open to us to explore almost any area.

The Ben is only an hour and a half away. As well as Binnein an Shuas is even closer.

A classic second day for us in Ardverikie wall. A magnificent long mountain severe with clean rock and good gear.

Biking in we should have time to tick off a few slightly harder routes as well.

Finnish the day with a brew and a smile.

We pride ourselves on the level of our coaching. Climbing and the environment within which we operate have risks. G2 take measures to reduce that risk. We would always recommend that you take out personal accident insurance before taking part in any adventurous activities.

**Course fees:**  
**Intro £110 and**  
**Classic £160**

